



ACADEMIC ACCOMMODATIONS FORM



A concussion is a mild traumatic brain injury, and concussed students may not perform at their normal academic level. However, with accommodations they can often remain in the classroom and keep pace with their grade level. These guidelines may help. As symptoms resolve, the student can be advanced to the next steps. A member of the concussion oversight team can make these advances as symptoms improve. If more accommodations are needed such as a 504 accommodation a note from a Physician will be required.

_____ can begin Stage _____ on ____/____/____

During all stages students should be allowed to visit the school Nurse or Athletic Trainer if needed.

Stage 1 (100-75% of highest symptom score)

- No tests, quizzes or homework.
- Light reading for brief (~15 min) periods.
- No TV, video games, computers or exercise of any kind.
- Printed class notes.
Wear sunglasses/hat as needed inside.
- Reduce weight of backpack.
- Avoid loud noises, like music and noise in cafeteria or athletics/PE.
- Allow student to leave each class 5 min early to avoid noisy crowded hallways and transition to next class.
- Student may need to leave class to rest in nurse's office.
- Discuss with doctor if more accommodations are needed.

Stage 2 (75-50% of highest symptom score)

- M No tests, quizzes or homework.
- Modify homework by reducing questions answered by 50-75% (example, only the odd problems).
- No TV, video games, computers or exercise of any kind.
- Wear sunglasses as needed inside.
- Avoid loud noises, like music and noise in cafeteria or athletics/PE.
- Allow student to leave each class 5 min early to avoid noisy crowded hallways and transition to next class.
- Student may need to leave class to rest in nurse's office.
- Reduce weight of backpack and provide second set of textbooks.
- Provide copies of class notes.

Stage 3 (50-25% of highest symptom score)

- 1 tests or quizzes per day.
- Modify homework by reducing questions answered by 75-100%.
- May start using TV, video games, computers for classwork only.
- Student may need to leave class to rest in nurse's office.
- May start taking personal class notes
- May need peer to transcribe school work into computer.
- May begin to complete past assignments to catch up on school work
- May have supervised/prescribed exercise only

Stage 4 (25-0% of highest symptom score)

- 3 tests or quizzes per day.
- Resume full activities in the classroom, including homework.
- May continue using TV, video games, computers for classwork only.
- Student may need to leave class to rest in nurse's office.
- May begin to complete past assignments to catch up on school work
- May have supervised/prescribed exercise only

Stage 5 (zero symptoms)

Resume all academic responsibilities and after release from physician, begin Return to Play Protocol in athletics.

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